

Make A Good First Impression



Be confident:

Confidence can be contagious, and it can help put others at ease. Stand tall, make eye contact, and be approachable.



Smile & Be Friendly:

A smile and a friendly demeanour can help create a positive and welcoming atmosphere.



Be Authentic:

Be yourself and be genuine in your interactions with others.

Find Common Ground:

Look for shared interests, experiences, or connections to start a conversation.



Show Interest:

Show interest in others by asking questions and actively listening to what they have to say.



Be Open & Flexible:

Be open to new ideas and perspectives, be willing to adjust your own behaviour or communication style if it will help you connect with others.



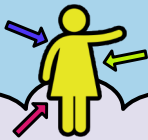
Show Respect:

Show respect for others and their opinions, even if they differ from your own.



Be Mindful of Body Language:

Be aware of your body language, maintain good posture, make eye contact, and smile.



Be Open to Rejection:

Remember that not every interaction will lead to a friendship and that rejection is a part of life. Don't take it personally and keep trying.

Be Prepared:

Come with some topics of conversation, some ice breakers, or something interesting to share with others.

